



AGENDA

LiveWell Healthy Food For All Work Group

Community Health Facility, First Floor Meeting Room, 200 Maine Street, Lawrence

8:00 – 9:30 a.m., Friday, December 6, 2013

Work Group Members Christina Holt (Chair), Verdell Taylor (Chair-elect), Steve Lopes (Communications Coordinator), Amanda Schwegler, Bob Lominska, Chuck Sepers, Connie Detweiler, Cyndi Treaster, Eileen Horn, Haley Harrington, Jeremy Farmer, Jessica Beeson, Jessica Kejr, Jo Ellis, Mary Jane Hoffer, Melody Henning, Nancy Thellman, Norman White, Patty Metzler, Paula Murrish, Raven Naramore, Rick Martin, Shana Talley, Sharla Flakus, Susan Johnson

Time	Item
8:00-8:10	Welcome and self-introductions. Welcome to our new members Norm White, Mary Jane Hoffer, and Jessica Kejr!
8:10-8:25	Transportation Access to Healthy Food presentation by Jay Decker
8:25-8:40	Transportation Access to Healthy Food Questions/ Discussion
8:40-8:50	Updates/ discussion: <ul style="list-style-type: none">• Update from Eileen Horn – press release re: collaborative food hub study to assess feasibility• Healthy Sprouts
8:50-9:30	Action plan updates/ report out from small groups
9:30	Adjourn

Mission – To inspire and advance policy, environmental and lifestyle changes that promote healthy eating and active living in Douglas County

The LiveWell Healthy Food For All Work Group is working to implement the following strategies and opportunities for community action identified in the Roadmap to a Healthier Douglas County: 2013-2018 Douglas County Community Health Plan.

Strategy	Opportunities for Community Action
Enhance access to healthy food for low-income families	<ol style="list-style-type: none"> 1. Establish waste minimizing practices and policies with supermarkets, restaurants, cafeterias, schools, hospitals and any other large feeding institutions, restaurants and stores by supplying excess to food banks serving Douglas County (for low-income families) 2. Implement a choice-based system with whole foods incentivized in local food banks/ pantries and assure availability of healthy food choices 3. Establish satellite food pantry locations to provide access to whole foods for low-income families 4. Establish a system that engages low-income families as food growers and small business operators 5. Enhance the capacity of the food system to handle large-scale donations (e.g., storage, transportation) 6. Establish new opportunities to purchase fresh produce in North Lawrence and other parts of Douglas County with limited options, including farmer's markets, integration into existing retail options, or opening corner stores 7. Implement environmental changes (e.g., moving bus stops closer) that make access to local food banks/ pantries and farmers' markets easier 8. Establish case management and outreach enrollment at local food pantries and schools that links and enrolls people to SNAP and food stamps programs

Mission – To inspire and advance policy, environmental and lifestyle changes that promote healthy eating and active living in Douglas County

Work Group email address: healthyfoodforall@livewelllawrence.org (will forward to all work group contacts)

LiveWell Healthy Food For All Work Group Contacts (Updated December 4, 2013)

Name (L,F)	Email	Phone	Organization	Position
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Ellis, Jo	jellis@lawrenceks.org	(785) 832-7920	City of Lawrence Parks and Recreation	Recreation Instruction Supervisor
Farmer, Jeremy	jf@justfoods.org	(785) 856-7030	Just Food	Chief Executive Officer
Flakus, Sharla	sharlaflakus@eudoraschools.org	(785) 542-4987	Eudora Public Schools (USD 491)	Food & Nutrition Services Director
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Henning, Melody	mehennin@ku.edu	(785) 864-4350	KU Office of Multicultural Affairs	Administrative Assistant / North Lawrence gardener
Hoffer, Mary Jane	mjhoffer9@gmail.com	(785) 393-3382	Lecompton United Methodist Church / Lecompton City Council	Food pantry volunteer / Council Member
Holt, Christina	cholt@ku.edu	(785) 864-0533	KU Work Group for Community Health and Development	Associate Director for Community Tool Box Services
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Johnson, Susan	susanjohnson@ksu.edu	(785) 843-7058	K-State Research and Extension-Douglas County	Family and Consumer Sciences Agent
Kejr, Jessica	jkejr@harvesters.org	(785) 861-7704	Harvesters - The Community Food Network	Agency Services Manager
Lominska, Bob	rlominska@wildblue.net	(785) 842-5697	Rolling Prairie Farmers Alliance / Hoyland Farm	Member / Owner
Lopes, Steve	slopes1@aol.com	(785) 842-7137	Community volunteer	
Martin, Rick	chefrickmartin@gmail.com	(785) 550-7490	Douglas County Food Policy Council / Homegrown Lawrence	Member / Co-founder
Metzler, Patty	patty.metzler@lmh.org	(785) 505-3529	Lawrence Memorial Hospital	Registered Dietitian
Murrish, Paula	pmurrish@usd497.org	(785) 832-5000 ext. 2706	Lawrence Public Schools (USD497)	Division Director - Food Services and Purchasing
Naramore, Raven	raven_n@hotmail.com	(785) 766-2240	Community volunteer	
Schwegler, Amanda	aschwegs@ku.edu	(785) 864-0964	KU Center for Civic and Social Responsibility	Assistant Director
Sepers, Chuck	csepers@ku.edu	(308) 340-6250	KU Work Group for Community Health and Development	
Talley, Shana	stalley@usd497.org	(785) 312-4544	Lawrence Public Schools (USD497)	Parent Facilitator for New York Elementary & Schwegler Elementary
Taylor, Verdell	pastort77@aol.com	(785) 843-2429	Christian Psychological Services / St. Luke AME Church	Therapist / Pastor
Thellman, Nancy	nthellman@douglas-county.com	(785) 550-7754	Douglas County Commission	Commissioner
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Treaster, Cyndi	ctreaste@gmail.com	(785) 296-8113	Kansas Department of Health and Environment	Special Population Health Director
White, Norman	norman.white@dcf.ks.gov		Kansas Department for Children and Families	Customer and Community Affairs

Transportation Access to Healthy Food

An assessment of Lawrence, Douglas County Kansas

Food is a sustaining and enduring necessity. Yet among the basic essentials for life - air, water, shelter, and food - only food has been absent over the years as a focus of serious professional planning interest. The Lawrence, Douglas County Office of Sustainability has identified a lack of transportation access to full service grocery stores as a growing problem in the area. This study assesses existing conditions (transportation, food resources, & demographic data), establishes a compendium of national best practices, and merges both resources to form recommendations for addressing transportation access to healthy food in the Lawrence, Douglas County area.



Existing Conditions:

"7% of the population is classified as low-income and does not live within a reasonable proximity to a grocery store (food desert)."

"81.8% of county residents report consuming fewer than five servings of fruits and vegetables daily."

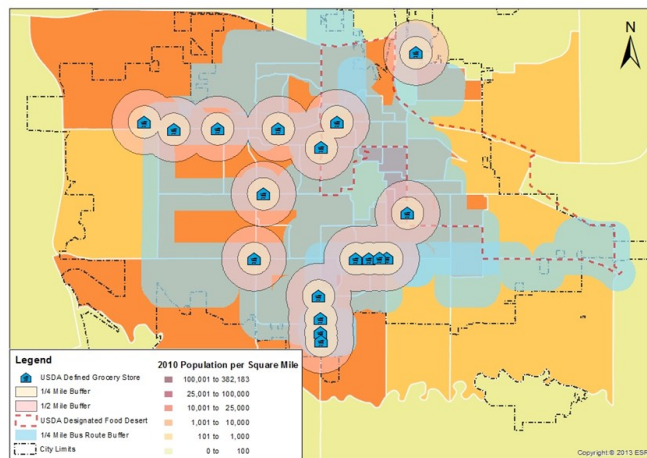
"Getting food from the pantry is a problem for people who don't have transportation."

- Douglas County Community Health Assessment (2012)

Study Recommendations:

1. Aggregate all available information regarding transportation access to healthy food in an online/print resource
2. Coordinate the schedules of food pantries and soup kitchens with transportation resources to ensure adequate coverage
3. Consider focused day and evening transit service
4. Encourage the implementation of private grocery vans

Food Access Assessment



Barriers to Access:

- ◆ Lack of transportation
- ◆ Lack of nearby grocery stores
- ◆ Finances
- ◆ Knowledge about available services

- AHF Assessment Summary (2012)



Lawrence, Douglas County Office of Sustainability
in partnership with
The University of Kansas
Urban Planning Department
Transportation Implementation Course

TRANSPORTATION ACCESS TO HEALTHY FOOD

An assessment of Douglas County and Lawrence, KS



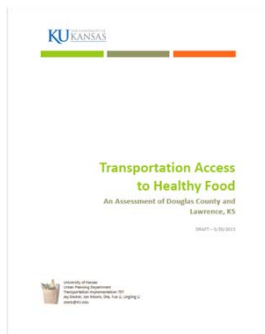
Purpose and Need

- Lack of professional planning interest
- Access to food identified as a growing problem by the Lawrence, Douglas County Office of Sustainability
- 7% of the population is classified as low-income and does not live within a reasonable proximity to a grocery store (food desert).



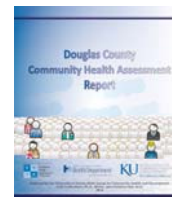
Scope

- Existing conditions
 - Local studies
 - Food resources
 - Transportation resources
- Best practices
 - Public Sector
 - Private Sector
 - Non-profit Sector
- Assessment of resources and next steps



Local Studies

- AHF Assessment Summary (2012), Douglas County Community Health Assessment (2012), and interviews
- Assets:
 - Farmers markets
 - Local bus system
 - Amount of emergency food resources
- Barriers:
 - Lack of transportation
 - Lack of nearby grocery stores
 - Knowledge about available resources

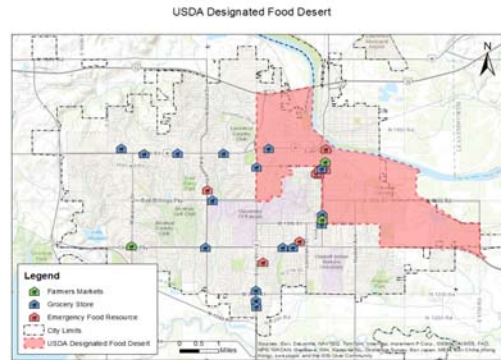


Transportation Access to Healthy Food – Presentation by Jay Decker, Transportation Implementation 757 Student, Urban Planning Department, University of Kansas

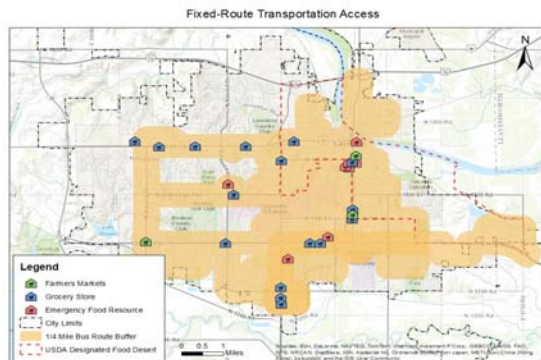
Existing Transportation Services



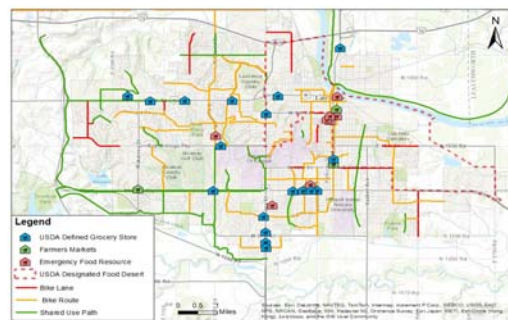
Food Resources



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Bikability



Transportation Access to Healthy Food – Presentation by Jay Decker, Transportation Implementation 757 Student, Urban Planning Department, University of Kansas

Best Practices: Public Sector

- Transportation:
 - Fixed-route bus service
 - Paratransit
 - Taxi
- Accessibility
 - City markets
 - Grocery delivery
 - Cooking demonstrations



Best Practices: Non-Profit Sector

- Transportation:
 - Paratransit
 - Taxi
- Accessibility
 - Food pantries
 - Soup kitchens



Recommendations

- Explore implementation of store-sponsored vans along with co-funding of vehicles
- Consider focused day and evening service
- Explore opportunities to coordinate the schedules of food pantries and soup kitchens with transportation resources to ensure good coverage
- Create an access to healthy food “hub”
 - Locations, hours, and selection of food resources
 - Transportation resources
 - Temporal map/table
 - Online and/or handout

Questions

